



Heartsaver® Bloodborne Pathogens Course Frequently Asked Questions

Q: What is Heartsaver Bloodborne Pathogens (BBP)?

A: This is a classroom course that teaches employees how to protect themselves and others from being exposed to blood or blood-containing materials.

Q: Does Heartsaver BBP meet OSHA requirements?

A: The Heartsaver BBP Course is designed to meet OSHA requirements when paired with site-specific BBP training. Per the BBP Standard 1910.1030, training is not complete until employees/students are taught the site-specific information. OSHA holds companies responsible to ensure employees receive both general and site-specific BBP training.

Q: Who is the target audience for this course?

A: The Heartsaver BBP Course was designed specifically for employees in settings such as industry, Fortune 1500 companies, occupational health, property management, hospitality, security, and health and fitness staff. Other audiences that may be interested in the Heartsaver BBP Course due to additional state regulations include childcare workers, school personnel, maintenance workers, tattoo artists, and state corrections facilities.

Q: How long does it take to complete?

A: The length of the general Heartsaver Bloodborne Pathogens Course (not including site-specific information) is approximately one (1) hour.

Q: Is a skills session and/or test required?

A: No.

Site-Specific BBP Training Questions

Q: What does “site-specific information” mean?

A: The Heartsaver BBP Course is designed to meet OSHA requirements when paired with site-specific BBP training. Per the BBP Standard 1910.1030, training is not complete until employees/students are taught the site-specific information. OSHA holds companies responsible to ensure employees receive both general and site-specific BBP training. Site-specific information can be found in a company’s exposure control plan. An exposure control plan is a set of rules and procedures specific to a workplace. The site-specific information that might be featured in an exposure control plan includes:

- A list of all job classifications in which all or some employees in those job classifications have occupational exposure
- A list of all tasks and procedures in which occupational exposure occurs and that are performed by employees in specific job classifications
- Methods of compliance (rules to protect employees)
- Rules for HIV and HBV research laboratories and production facilities
- Hepatitis B vaccination and post-exposure evaluation and follow-up
- Communication of hazards to employees
- Record-keeping
- Procedure for evaluation of circumstances surrounding exposure incidents